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CLEANING PROTOCOLS

At CrossFit 630 we take great pride in the cleanliness of our facility and the health of our members. We are committed to providing a safe environment at all times with our social distancing and disinfecting procedures.



- 1. ARRIVE AT THE GYM**
 - WAIT FOR THE CLASS BEFORE YOU IS GONE BEFORE ENTERING
- 2. PRACTICE SOCIAL DISTANCING**
 - PROCEED TO YOUR DESIGNATED SPACE
- 3. GATHER AND CLEAN YOUR EQUIPMENT**
 - WIPE DOWN YOUR AREA WITH PROVIDED MONK WIPES
- 4. ENJOY YOUR WORKOUT**
 - COACH LED WARM UP, STRENGTH AND WORKOUT OF THE DAY
- 5. DISINFECT YOUR EQUIPMENT**
 - WIPE DOWN YOUR AREA WITH PROVIDED MONK WIPES

